



# DRUG AND ALCOHOL POLICY

## I. Introduction

The Texoma Youth Hockey Association is committed to providing its players a safe and drug-free environment in which to play. Because of this commitment the Texoma Youth Hockey Association has implemented an alcohol and drug testing program for all its athletes who participate in on and off ice activities at all age levels governed by the TYHA. Research shows that people who make it through their teenage years without using tobacco, alcohol, and/or drugs are much less likely to do so when they get older. The goal of said testing is to provide a wholesome drug-free environment for all players in the Texoma Youth Hockey Association. The TYHA has no desire to act in the place of parents or guardians who should set standards of proper behavior for their children. However, the TYHA must ensure that the environment within the league is drug and alcohol free.

## II. Purpose

To secure a drug and alcohol free environment, the TYHA is implementing a drug and alcohol-testing program for all players participating in the 2011-2012 season. The TYHA hopes to:

- a) Prevent injury, illness, or harm resulting in the use of illegal drugs and alcohol
- b) Insure a drug and alcohol-free environment at all TYHA competitions and practices.
- c) Deter players use of illegal drugs and alcohol
- d) Educate players regarding the harm caused by the use of illegal drugs and alcohol

## III. Consent for Testing

Written parental or guardian consent to random drug and alcohol testing must be completed before a player is allowed to participate in a practice or competition. No player may participate in a practice or competition until the consent form is executed and on file with the designated TYHA official. Consent forms are valid for one season only.

Because participation in on and off ice activities in the TYHA is a privilege not a right, refusal to consent to random drug and alcohol testing will result in the denial of participation until consent is given. The TYHA shall provide each parent or guardian and player a copy of the drug and alcohol testing policy after it has been adopted by the board. Consent forms must also be furnished prior to a player's participation in any activity.

The TYHA shall conduct a meeting or meetings with parents and /or guardians and players at the beginning of each season. A THYA board member shall explain the drug and alcohol testing program and review the policy and consent forms. Player and at least one parent/guardian attendance at the orientation is mandatory.

## IV. Testing Procedure

### 1. Frequency

At the beginning of each season, an initial baseline test will be administered to all players. This will be done at the parents or guardians expense the cost is \$22.50 per player. Players not tested at the beginning of the season must be tested before participating in any on or off ice activities. The TYHA board shall determine the percentage of players to be tested based on the number of players. It may be determined that up to 100% of players will be tested.

The testing entity will determine the date for conducting the random drug and alcohol test; the selection dates will not follow any recognizable pattern. Random test will be conducted a minimum of two times during the season.

## **2. Random selection of players to be tested**

The TYHA will provide the testing entity with a list of all players who participate in on and off ice activities. Players will be chosen for testing by random selection conducted by the testing entity. The random selection process is intended to eliminate subjective factors from playing a role in the selection of players to be tested.

## **3. Testing Standards**

Testing will be conducted through scientific means using approved practices and procedures established by the testing laboratory selected by the TYHA board. The testing parameters shall be set at industry standards as defined by the National Institute of Drug Abuse. The testing laboratory will be certified by the Substance Abuse and Mental Health Services Administration (SAMHSA).

The drug and alcohol test is performed by urinalysis. The specimen is analyzed using immunoassay methodology. All presumptive positive results are confirmed by a second test of the same specimen using a gas chromatography/mass spectroscopy methodology.

## **4. Collection of the sample**

Upon the testing entities arrival, the randomly selected player's names will be given to the TYHA board representative who will arrange for these players to report to the collection area. Players will be tested in a isolated facility under the supervision of a TYHA board member of the same sex who will assist the testing entity representative. Players will provide a urine sample in a restroom or other private facility behind a closed stall. Neither the board member nor the testing entity representative will directly observe the player providing their urine sample. Facilities are to be secure with only one player testing at a time to assure security and confidentiality. The urine sample will be collected in a specimen collection container provided by the testing entity. The player will provide the collected sample to the entity representative and the TYHA board member will confirm that the players identification information on the sample is correct. The specimen container will be sealed and witnessed by the player. The testing entity representative will take all specimens to the laboratory for analysis.

## **5. Refusal to test or tampering**

Refusal to provide a sample or noncompliance with the testing procedures by any player will be considered a positive test result and will be reported to the appropriate TYHA board member. Similarly, a player who is determined to have tampered with a sample shall be deemed to have a positive result and shall be subject to the appropriate consequences depending on pervious test results, if any.

## **6. Substances**

The TYHL reserves the right to test for alcohol, methaqualone, benzodiazepines, propoxyphene, barbiturates, amphetamines, anabolic steroids, cocaine, LSD, marijuana, methadone, opiates, and phencyclidine.

## **V. Test Results**

### **1. Use of Results**

Drug and alcohol test results shall be used only to determine the eligibility for participation in on and off ice activities in the TYHA.

### **2. Confidentiality**

Drug and alcohol testing results shall be confidential and shall be disclosed only to the player, the player's parents or guardian, and designated TYHL board officials who need the information in order to administer the drug and alcohol testing program. Drug and alcohol testing results shall not be maintained with a player's league enrollment information. Results shall not be otherwise disclosed except as required by law.

### **3. Testing Laboratory**

The TYHA Board shall contract a certified drug and alcohol testing facility to conduct testing of players urine samples. The testing facility shall not release statistics regarding the rate of positive alcohol or drug tests to any person or organization without the consent of the TYHA.

### **4. Positive test Results**

An initial positive test result shall be confirmed by a second test of the same specimen before being reported as positive. Upon receiving results of a positive drug or alcohol test, the TYHA shall schedule a meeting with the player, the player's parents or guardian, and coach of the player to review the test results and discuss consequences. The TYHA President will chair this meeting along with the Vice President who chairs the discipline committee. The player, parent or guardian shall have five days following the meeting to provide a medical explanation for the positive test result. However, the appropriate suspension will begin immediately following the meeting with the parent or guardian.

A player who has a confirmed positive drug or alcohol test shall be subject to the following consequences:

- a) First Offense: Following the date the player and parent or guardian are notified of the test results, the player shall be suspended from any on or off ice activity for 30 days. The player may return once the suspension has been served and passes a reinstatement drug or alcohol test at the player's expense.
- b) Second offense: Following the date the player and parent or guardian are notified of the test results, the player is suspended from all on and off ice activities for one (1) calendar year.
- c) Both offenses the player can be tested at any time to ensure player is complying with policy for a drug and alcohol free environment.
- d) Positive test results: If a player tests positive on any random test and is serving a suspension he/she is not eligible for any refunds of any league fees. All player requirements as set forth by the league must be maintained during suspension to be eligible to return to play after suspension is served.